

LOADED BURRITO BOWL

Makes 4 servings



INGREDIENTS

- 1 cup brown rice
- 1 tablespoon olive oil
- 1 15-ounce can black beans, drained and rinsed
- 1 teaspoon ground cumin
- 1 generous pinch kosher salt
- 1 generous pinch black pepper
- 2 avocados, sliced
- 1 cup mild salsa
- 1/2 cup shredded Cheddar cheese
- 1/2 avocado

INSTRUCTIONS

Cook rice according to package directions.

Meanwhile, in a medium nonstick skillet, heat oil over medium heat. Add beans and cumin and season with salt and pepper. Cook, stirring occasionally until heated through, about 2 minutes.

Divide beans and rice among four bowls and top with avocado, salsa, and Cheddar cheese.